

# 2019 California Senior Games Schedule of Events

*Held in Conjunction with the San Diego Senior Games*

| Sport                                   | Age | Date          | Location   | Commissioner   | Deadline        |
|---|-----|---------------|--|--|-----------------|
| Archery                                 | 50+ | TBD           | TBD  | Linda Frodesen<br>frodesen@aol.com                       | TBD             |
| <b>Badminton</b>                        | 50+ | Sept. 14      | <b>Balboa Park Activity Center<br/>2145 Park Blvd.<br/>San Diego, CA 92101</b> | <b>Joe Long<br/>linejudge1996@gmail.com</b>              | <b>Sept. 7</b>  |
| Basketball<br>(mens)                    | 50+ | Sept. 21      | Balboa Municipal Gym<br>2111 Pan American Plaza<br>San Diego, CA 92191         | Jerry Sullivan<br>JerrySullivan@cox.net                  | Sept. 14        |
| <b>Basketball<br/>(womens)</b>          | 40+ | Sept. 14 & 15 | <b>Corky's Gymnasium<br/>274 Pico Ave.<br/>San Marcos, CA 92069</b>            | Jackie Luzak<br>JackieLuzak@gmail.com                    | <b>Sept. 2</b>  |
| Basketball Shooting<br>(mens)           | 40+ | Sept. 21      | Balboa Municipal Gym<br>2111 Pan American Plaza<br>San Diego, CA 92191         | James Pauley<br>CoachPauley@mail.com                     | Sept. 21        |
| <b>Basketball Shooting<br/>(womens)</b> | 40+ | Sept. 14      | <b>Corky's Gymnasium<br/>274 Pico Ave.<br/>San Marcos, CA 92069</b>            | <b>James Pauley<br/>CoachPauley@mail.com</b>             | <b>Sept. 14</b> |
| Bowling                                 | 50+ | Aug. 24 & 25  | Kearny Mesa Bowl<br>7585 Clairemont Mesa Blvd.<br>San Diego, CA 92111          | Kelly Ferguson<br>kferguson8@yahoo.com                   | Aug. 10         |
| <b>Fitness</b>                          | 50+ | Sept. 22      | <b>Fitness Quest 10<br/>9972 Scripps Ranch Blvd.<br/>San Diego, CA 92131</b>   | <b>Stan Williams<br/>stanwill1@gmail.com</b>             | Sept. 15        |
| Golf                                    | 40+ | Oct. 6        | RiverWalk Golf Course<br>1150 Fashion Valley Rd.<br>San Diego, CA 92108        | Debbie Williams<br>dwilliams@SDSeniorGames.org           | Sept. 28        |
| <b>Horseshoes</b>                       | 40+ | Sept. 8       | <b>Balboa Park Horseshoe<br/>Juniper St. (6th Ave)<br/>San Diego, CA 92101</b> | <b>Jay Bishop and Jim Knotts<br/>jayhawker60@aol.com</b> | <b>Sept. 4</b>  |

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|----------------------------|--------------------------------|----------------|--|--|-----------------|
| Lawn Games                 | 40+                            | Sept. 8        | Balboa Park Horseshoe<br>Juniper St. (6th Ave)<br>San Diego, CA 92101              | Jay Bishop and Jim Knotts<br>jayhawker60@aol.com | Sept. 4         |
| <b>Paddleball</b>          | 40+                            | Sept. 29       | <b>Pacific Paddleball Club</b><br>9391 Broadview Ave.<br>San Diego, CA 92123       | <b>Len Sonnenberg</b><br>lens@sonnenbergcpas.com | Sept. 21        |
| Pickleball                 | 50+                            | Sept. 6, 7 & 8 | Melba Bishop Rec Center<br>5306 North River Road<br>Oceanside, CA 92057            | Jenae Alms<br>almsjenae@gmail.com                | Aug. 23         |
| <b>Power Walk</b>          | 50+                            | Sept. 7 & 8    | <b>Lake Miramar</b><br>10710 Scripps Lake Drive<br>San Diego, CA 92121             | <b>Gary MacDonald</b><br>coachgmac@cox.net       | Aug. 31         |
| Race Walk                  | 50+                            | Sept. 7 & 8    | Lake Miramar<br>10710 Scripps Lake Drive<br>San Diego, CA 92121                    | Gary MacDonald<br>coachgmac@cox.net              | Aug. 31         |
| <b>Racquetball</b>         | 40+                            | Sept. 14       | <b>San Diego State University</b><br>21 Peterson Gym<br>San Diego, CA 92182        | <b>Len Sonnenberg</b><br>lens@sonnenbergcpas.com | Sept. 11        |
| Road Race Run              | 50+                            | Sept. 7 & 8    | Lake Miramar<br>10710 Scripps Lake Drive<br>San Diego, CA 92121                    | Gary MacDonald<br>coachgmac@cox.net              | Aug. 31         |
| <b>Shuffleboard</b>        | 50+                            | Sept. 7        | <b>Park Avenue Community Center</b><br>210 East Park Avenue<br>Escondido, CA 92025 | <b>Jim Travers</b><br>info@SDSeniorGames.org     | Sept. 7         |
| Soccer<br>(Womens)         | 50+, 60+,<br>65+ & 70+<br>only | Sept. 7 & 8    | Hourglass Park<br>10301 Black Mountain Rd.<br>San Diego, CA 92126                  | Deb Mowry<br>deborah.mowry@cox.net               | Sept. 1         |
| <b>Softball<br/>(Mens)</b> | 40+                            | Aug. 17 & 18   | <b>Sports Complex USA</b><br>12349 Mclvers Ct.<br>Poway, CA 92064                  | <b>Nathaniel Hines</b><br>nhinesjr@gmail.com     | Aug. 10         |

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|------------------------------|------------|---|--|--|-----------------|
| Softball<br>(Womens)         | 50+        | Sept. 14 & 15                           | Hourglass Park<br>10301 Black Mountain Rd.<br>San Diego, CA 92126                          | Mary Knapik<br>knapikm@yahoo.com                         | Sept. 6         |
| <b>Swimming</b>              | <b>50+</b> | <b>Sept. 29</b>                         | <b>Mission Valley YMCA</b><br><b>5505 Friars Road</b><br><b>San Diego, CA 92110</b>        | <b>Kenton Jones</b><br><b>kerujo@aol.com</b>             | <b>Sept. 22</b> |
| Table Tennis                 | 45+        | Sept. 21                                | Balboa Park Activity Center<br>2145 Park Blvd.<br>San Diego, CA 92101                      | Steve McGrew<br>stevemcgrw00@gmail.com                   | Sept. 14        |
| <b>Tennis</b>                | <b>50+</b> | <b>Sept. 14 &amp; 15</b>                | <b>Balboa Tennis Center</b><br><b>2221 Morley Field Dr.</b><br><b>San Diego, CA 92104</b>  | <b>TBD</b><br><b>Tennis@SDSeniorGames.org</b>            | <b>Sept. 7</b>  |
| Track & Field                | 50+        | Sept. 15<br>(Sept. 14 - Throws<br>only) | San Diego Mesa College<br>7250 Mesa College Drive<br>San Diego, CA 92111                   | Gary MacDonald<br>coachgmac@cox.net                      | Sept. 2         |
| <b>Volleyball<br/>(Mens)</b> | <b>50+</b> | <b>Sept. 8</b>                          | <b>Balboa Park Activity Center</b><br><b>2145 Park Blvd.</b><br><b>San Diego, CA 92101</b> | <b>Patsy and Farid Karimi</b><br><b>prcortez@aol.com</b> | <b>Aug. 23</b>  |
| Volleyball<br>(Womens)       | 45+        | Sept. 7 - 50+<br>Sept. 8 - 45+          | Balboa Park Activity Center<br>2145 Park Blvd.<br>San Diego, CA 92101                      | Patsy Cortez-Karimi<br>prcortez@aol.com                  | Aug. 23         |